

# Utah Diabetes Telehealth Program



**3<sup>rd</sup> Wednesday  
of each Month**

12 – 1 pm (Mountain)  
11 – 12 pm (Pacific)  
1 – 2 pm (Central)  
2 – 3 pm (Eastern)

Wednesday, December 17, 2008

## **Prevention and Treatment of Diabetic Retinopathy**

Michael P. Teske, MD

Uncontrolled diabetes is the leading cause of new cases of blindness among adults aged 20-74, with 12,000 to 24,000 new cases of diabetes-related blindness diagnosed each year (CDC, 2007). The risk for diabetic retinopathy is directly associated with duration of diabetes, but 90% of diabetes-related vision loss is preventable with early detection and treatment. To address this issue, Mike Teske, MD of the Moran Eye Center in Salt Lake City, will discuss strategies to prevent, treat and manage diabetic retinopathy. Information on teleophthalmology services will also be shared.

**- CEUs offered for nurses (1.5 hours) and dietitians (1 hour) for all Diabetes Telehealth Programs -**

### **Upcoming Programs:**

January 21 – Diabetes and Tobacco Cessation  
February 18 – Gender Differences in Heart Disease and Diabetes  
March 18 – Polycystic Ovary Syndrome (PCOS) and Diabetes  
April 15 – Complementary & Alternative Therapies for Diabetes Management  
May 20 – Behavior Change Strategies

*Please use registration form sent by email or online <http://www.health.utah.gov/diabetes/apps/threg.php>  
(Register by December 16<sup>th</sup> for this program)*

Utah Diabetes Prevention & Control Program  
P.O. Box 142107  
Salt Lake City UT 84114-2107

List of Utah Telehealth Sites:  
<http://www.utahtelehealth.net/utn.pdf>

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Contact Betsi Patiño to schedule  
Telehealth video or telephone links

**\*\*For technical assistance on the day of the conference, call 801-585-2426\*\***

<http://www.health.utah.gov/diabetes/telehealth/telehealth.htm>